

Cesarean Birth Patient Information



Dear Expectant Parents,
Thank you for choosing Emory University Hospital Midtown for the birth of your child. Our focus is to provide you and your family with an excellent childbirth experience. The following information will help guide and inform you and your family as you prepare for your upcoming cesarean birth.

1. Pre-registration

We encourage you to pre-register. Pre-registration forms are available in your physician's office, and at the Maternity Center registration desk located on the 3rd floor of the Medical Office Tower (MOT). The form can be returned directly to Maternity Registration or faxed to 404-686-4180. Please make sure all information is filled out on the form. If you send your form by fax, please include a copy of your driver's license and insurance card or bring them with you if you are registering in person. If you have a living will or advance directive be sure to provide a copy to the registration staff.

2. Parking and Admissions

Our address is 550 Peachtree Street, Atlanta, GA 30308. Park in the high-rise (Summit) parking deck which can be accessed from either Peachtree Street or West Peachtree Street. Walk across the skywalk located on Level "F" of the parking deck. Take the elevator located on this level to the 3rd floor where Labor & Delivery is located. Check in at the registration desk as you exit the elevator. There is a flat fee for parking in a 24-hour period.

3. Pre-operative Lab Work

Your physician will request that you come to Labor & Delivery one or two days before your scheduled cesarean birth to have your routine lab work drawn. You do not have to make an appointment with Labor & Delivery for this.

4. The Night Before Your Surgery

Do not eat food, drink fluids or chew gum after midnight. This is for your safety. (If you do not follow your physician's instruction regarding this, your surgery may be cancelled.)

5. Jewelry and Body Piercings

Please remove all jewelry and body piercings prior to your arrival to the hospital. If your fingers are too swollen to remove your wedding rings, let Anesthesia know when you arrive. Wear glasses instead of contact lenses.

6. Medications

If you are taking medications, discuss with your physician whether or not you should take your medication the morning of your surgery.

EMORY HEALTHCARE

**EMORY UNIVERSITY HOSPITAL
MIDTOWN**